



Peri Peri Chicken

Served with 1 regular side and 1 sauce



37G
protein

\$14.99

Quarter Chicken (Leg)



46G
protein

\$15.99

Quarter Chicken (Breast)



83G
protein

\$22.99

Half Chicken

2 quarter chickens, 1 side, and 1 sauce.

Family Platter

6 quarter chickens, 3 large sides, any 1 starter, & 3 sauces.



249G
protein

\$74.99

Whole Chicken

4 quarter chickens, 1 large side, and 2 sauces



166G
protein

\$39.99



Bowls

LIMA BOWL (GF/43g protein) \$16.99

Pulled chicken, avocado, crumbled feta cheese, black beans, corn, red and green peppers, red cabbage, carrots, tomatoes, cilantro, served on a bed of quinoa or saffron rice, topped with chipotle aioli sauce.

MOZAMBIQUE BOWL (GF/40g protein) \$16.99

Pulled chicken, Avocado, red & green peppers, cucumbers, tomatoes, red onions, jalapeño peppers, carrots, served on a bed of saffron rice or quinoa, topped with jalapeno ranch sauce.

STEAK BOWL (GF/56g protein) \$16.99

Shredded steak, red & green peppers, cucumbers, tomatoes, red onions, carrots, served on a bed of saffron rice or quinoa, topped with chipotle aioli sauce.

SHRIMP BOWL (GF/36g protein) \$16.99

Grilled shrimp, green & red peppers, carrots, tomatoes, red cabbage, corn & black beans, served on a bed of saffron rice or quinoa, topped with chipotle aioli sauce.

BUTTER CHICKEN BOWL (GF/39g Protein) \$16.99

Grilled chicken, butter chicken gravy, cilantro, served on a bed of white rice.

CHICKEN STRIPS BOWL (54g Protein) \$16.99

Chicken strips, red & green peppers, cucumbers, tomatoes, red onions, carrots, red cabbage, served on a bed of saffron rice or quinoa, topped with jalapeño ranch sauce.

POPCORN CHICKEN BOWL (GF/63g Protein) \$16.99

Karaage popcorn chicken, red & green peppers, cucumbers, tomatoes, carrots, red cabbage, served on a bed of saffron rice or quinoa, topped with chipotle aioli sauce.

POPCORN MAC & CHEESE (67g Protein) \$20.99

Karaage popcorn chicken, Cavatappi pasta, Canadian cheddar cheese, mozzarella cheese, Parmesan cheese, green onions topped with chipotle aioli sauce.

VEG BOWL (V/10g Protein) \$16.99

Black bean and corn burger, red peppers, green peppers, cucumbers, tomatoes, red onions, carrots, red cabbage, green onions, served on a bed of saffron rice or quinoa, topped with chipotle aioli sauce.

SALAD BOWLS

Add pulled chicken, chicken strips or popcorn chicken to any salad for \$5.99 and more.

MEXICALI SALAD \$14.99

Romaine lettuce, avocados, red cabbage, red onions, carrots, tomatoes, black beans, corn, crumbled feta cheese, jalapeno peppers, cilantro, served with jalapeno ranch sauce.

JULIUS CAESAR SALAD \$13.99

Romaine lettuce, avocados, red cabbage, parmesan cheese, garlic croutons, lemon wedge, served with caesar dressing.

(GF) Gluten Free

(V) VEGAN

Flamos

PERI PERI CHICKEN



KIDS DEAL

CHICKEN STRIPS MEAL \$9.99

(2 Chicken Strips + Fries)

CHICKEN SANDWICH MEAL \$11.99

(Sandwich + Fries)

Mississauga

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Scan to Order



Kitchener

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Flamosking@outlook.com



Scan to Order

SANDWICHES & WRAPS

Pulled Chicken Sandwich/Wrap Steak (\$1 extra)

SUB (8 INCH) \$16.49

Pulled Chicken, Cheese sliced, red onions, red and green peppers, chipotle aioli sauce, served on a hoagie bun.

SANDWICH \$16.49

Pulled chicken, red cabbage, tomatoes, red onion ring, Flamos Peri Peri mild or Hot Sauce, served on a brioche bun.

WRAP \$16.49

Pulled chicken, cheese sliced, black beans, corn, carrots, red onions, saffron rice, jalapeño ranch sauce, served on a whole wheat tortilla.

Crispy Fried Chicken Sandwich/Wrap

SANDWICH \$16.49

Spicy battered chicken breast, romaine lettuce, tomato, red cabbage, jalapeños peppers served on brioche bun with chipotle aioli and jalapeños ranch sauce.

WRAP \$16.49

Homemade battered chicken tenders, cheese sliced, romaine lettuce, red onions, tomatoes, chipotle aioli and jalapeño ranch sauce, served on a whole wheat tortilla.

VEG SANDWICH (V) \$16.49

Black bean & corn burger, avocado, tomatoes, romaine lettuce, red cabbage, chipotle aioli on a brioche bun.

REGULAR SIDES

\$4.99(S)/\$7.99(L)

Sea Salt Fries

Peri Peri Fries

Saffron Rice

Green Salad

EXTRA SIDES

\$6.99(S)/\$9.99(L)

Quinoa

Caesar Salad

Mac & Cheese (\$12.99)

POUTINE (Pulled | Popcorn | Chicken Strips)

REGULAR \$13.99

CHICKEN POUTINE \$18.99

STARTERS

Popcorn Chicken (GF) \$11.99

Chicken Strips \$10.99

Chicken Wings 1 lb (GF) \$14.99

Onion Rings \$8.99

DESSERTS (One Serving) (Half Dozen)

Natas \$2.99 \$16.99

Churros \$7.99 \$14.99

Beverages & Smoothie

Pop / Water \$1.99

Bottled Drink \$3.99

Mango / Strawberry Smoothies \$7.99